# Lattice gravity 

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## 4d QG regularized by CDT

## Main goal (at least in 80ties) for QG

- Obtain the background geometry $\left(\left\langle g_{\mu \nu}\right\rangle\right)$ we observe
- Study the fluctuations around the background geometry


## What lattice gravity (CDT) offers:

- A non-perturbative QFT definition of QG
- A background independent formulation
- An emergent background geometry $\left(\left\langle g_{\mu \nu}\right\rangle\right)$
- The possibility to study the quantum fluctuations around this emergent background geometry.


## Problems to confront for a lattice theory

(1) How to face the non-renormalizability of quantum gravity (this is a problem for any field theory of quantum gravity, not only lattice theories)
(2) Provide evidence of a continuum limit (where the continuum field theory has the desired properties)
(3) If rotation is performed to Euclidean signature, how does one deal with the unboundedness of the Euclidean Einstein-Hilbert action?
(4) If there exists no continuum field theory of gravity, can a lattice theory be of any use?

## Facing the non-renormalizability of gravity

## Effective QFT of gravity

We believe gravity exists as an effective QFT for $E^{2} \ll 1 / G$.
True for other non-renormalizable theories
Weak interactions $\quad \mathcal{L}=\bar{\psi} \partial \psi+G_{F} \bar{\psi}(\cdot) \psi \bar{\psi}(\cdot) \psi$
Nonlinear sigma model $\mathcal{L}=(\partial \pi)^{2}+\frac{1}{F_{\pi}^{2}} \frac{(\pi \partial \pi)^{2}}{1-\pi^{2} / F_{\pi}^{2}}$
Good for $E^{2} \ll 1 / G_{F}$ and $E^{2} \ll F_{\pi}^{2}$.

## Effective QFT of gravity

Lowest order quantum correction to the gravitational potential of a point particle:

$$
\frac{G}{r} \rightarrow \frac{G(r)}{r}, \quad G(r)=G\left(1-\omega \frac{G}{r^{2}}+\cdots\right), \quad \omega=\frac{167}{30 \pi} .
$$

The gravitational coupling constant becomes scale dependent and transferring from distance to energy we have

$$
G(E)=G\left(1-\omega G E^{2}+\cdots\right) \approx \frac{G}{1+\omega G E^{2}}
$$

## Effective QFT of the electric charge

Same calculation in QED

$$
\frac{e^{2}}{r} \rightarrow \frac{e^{2}(r)}{r}, \quad e^{2}(r)=e^{2}\left(1-\frac{e^{2}}{6 \pi^{2}} \ln (m r)+\cdots\right), \quad m r \ll 1 .
$$

The electric charge is also scale dependent and has a Landau pole

$$
e^{2}(E)=e^{2}\left(1+\frac{e^{2}}{6 \pi^{2}} \ln (E / m)+\cdots\right) \approx \frac{e^{2}}{1-\frac{e^{2}}{6 \pi^{2}} \ln (E / m)}
$$

$$
G E^{2} \ll 1 \rightarrow G(E) E^{2} \ll 1
$$

BUT

$$
G(E) E^{2}<1 \quad(\ll 1 ?) .
$$

Suddenly seems as if quantum gravity has become an (almost) reliable quantum theory at all energy scales.

The behavior can be described the $\beta$ function for QG. For the dimensionless coupling constant $\tilde{G}(E)=G(E) E^{2}$

$$
E \frac{\mathrm{~d} \tilde{G}}{\mathrm{~d} E}=\beta(\tilde{G}), \quad \beta(\tilde{G})=2 \tilde{G}-2 \omega \tilde{G}^{2} .
$$

Two fixed points $(\beta(\tilde{G})=0): \tilde{G}=0$ and $\tilde{G}=1 / \omega$.


Generic situation for asymptotic free theories in $d$ dimensions, extended to $d+\varepsilon$ dimensions.

$$
\beta(g) \rightarrow \varepsilon g+\beta(g)
$$

The four-Fermi action, the nonlinear sigma model and QG are all renormalizable theories in 2d, with a negative $\beta$-function and have a $2+\varepsilon$ expansion. For QG first explored by Kawai et al.

Alternatively one can use the exact renormalization group approach. (Reuter et al., Litim, ......). Philosophy: asymptotic safety (Weinberg).



## Defining the continuum limit in lattice field theory

Let the lattice coordinate be $x_{n}=a n$, a being the lattice spacing and $\mathcal{O}\left(x_{n}\right)$ an observable.

$$
\begin{aligned}
& -\log \left\langle\mathcal{O}\left(x_{n}\right) \mathcal{O}\left(x_{m}\right)\right\rangle \sim|n-m| / \xi\left(g_{0}\right)+o(|n-m|) . \\
& \xi\left(g_{0}\right) \propto \frac{1}{\left|g_{0}-g_{0}^{c}\right|^{\nu}}, \quad a\left(g_{0}\right) \propto\left|g_{0}-g_{0}^{c}\right|^{\nu} . \\
& m_{p h} a\left(g_{0}\right)=1 / \xi\left(g_{0}\right), \quad \mathrm{e}^{-|n-m| / \xi\left(g_{0}\right)}=\mathrm{e}^{-m_{\rho h}\left|x_{n}-x_{m}\right|}
\end{aligned}
$$

$\left\langle\mathcal{O}\left(x_{n}\right) \mathcal{O}\left(y_{m}\right)\right\rangle$ falls off exponentially like $\mathrm{e}^{-m_{\text {ph }}\left|x_{n}-y_{m}\right|}$ for $g_{0} \rightarrow g_{0}^{c}$ when $\left|x_{n}-y_{m}\right|$, but not $|n-m|$, is kept fixed in the limit $g_{0} \rightarrow g_{0}^{c}$.

How to define the equivalent of $\left\langle\mathcal{O}\left(x_{n}\right) \mathcal{O}\left(y_{m}\right)\right\rangle$ in a diffeomorphism invariant theory

$$
\begin{aligned}
& \langle\phi \phi(R)\rangle \equiv \int \mathcal{D}\left[g_{\mu \nu}\right] e^{-S\left[g_{\mu \nu}\right]} \times \\
& \quad \iint \sqrt{g(x)} \sqrt{g(y)}\langle\phi(x) \phi(y)\rangle_{\text {matter }}^{\left[g_{\mu \nu}\right]} \delta\left(R-d_{g_{\mu \nu}}(x, y)\right) .
\end{aligned}
$$

$\langle\phi(x) \phi(y)\rangle\rangle_{\text {matter }}^{\left[g_{\mu \nu}\right]}$ denotes the correlator of the matter fields calculated for a fixed geometry, defined by the metric $g_{\mu \nu}(x)$.

It works in 2d Euclidean QG (Liouville gravity)

## Unboundedness of the Euclidean action

Already the discussion about continuum limit of the lattice theories hinted a rotation to Euclidean signature. The Einstein-Hilbert action is unbounded from below, caused by the conformal factor:

$$
\begin{gathered}
\tilde{g}_{\mu \nu}=\Omega^{2} g_{\mu \nu} \\
S[g, \Lambda, G]=-\frac{1}{16 \pi G} \int d^{4} \xi \sqrt{g}(R-2 \Lambda) . \\
S[\tilde{g}, \Lambda, G]=-\frac{1}{16 \pi G} \int d^{4} \xi \sqrt{g}\left(\Omega^{2} R+6 \partial^{\mu} \Omega \partial_{\mu} \Omega-2 \wedge \Omega^{4}\right) .
\end{gathered}
$$

How is this dealt with?

Using the lattice regularization called dynamical triangulations (DT) the Euclidean action is bounded for a fixed lattice spacing $a$ and a fixed four-volume $V_{4}=N_{4} a^{4}$. However, for $a \rightarrow 0$ the unboundedness re-emerges.

$$
S[T]=-\kappa_{2} N_{2}(T)+\kappa_{4} N_{4}(T), \quad c_{1}<\frac{N_{2}}{N_{4}}(=x)<c_{2} .
$$

The unbounded configurations corresponds to $x \approx c_{2}$. But are they important in the non-perturbative path integral ?

$$
\begin{gathered}
Z=\sum_{T} \mathrm{e}^{-S[T]}=\sum_{N_{4}} \mathrm{e}^{-k_{4} N_{4}} \sum_{N_{2}} \mathcal{N}\left(N_{2}, N_{4}\right) \mathrm{e}^{\kappa_{2} N_{2}} \\
\mathcal{N}\left(N_{2}, N_{4}\right) \mathrm{e}^{\kappa_{2} N_{2}}=P_{N_{4}}(x), \quad \sum_{x} P_{N_{4}}(x)=f\left(N_{4}\right) \mathrm{e}^{\kappa_{4}^{c}\left(\kappa_{2}\right) N_{4}}
\end{gathered}
$$



$$
\begin{gathered}
P_{N_{4}}(x) \approx A e^{N_{4}\left(\kappa_{4}^{c}-\alpha\left(x-x_{0}\right)^{2}\right)}+\tilde{A} \mathrm{e}^{N_{4}\left(\tilde{\kappa}_{4}^{c}-\tilde{\alpha}\left(x-\tilde{x}_{0}\right)^{2}\right)} \\
k_{2} \rightarrow \kappa_{2}+\Delta \kappa_{2}, \quad \kappa_{4}^{c} \rightarrow k_{4}^{c}+\Delta \kappa_{2} x_{0}, \quad \tilde{\kappa}_{4}^{c} \rightarrow \tilde{k}_{4}^{c}+\Delta \kappa_{2} \tilde{x}_{0}
\end{gathered}
$$

Phase transition when $\kappa_{4}^{c}=\tilde{\kappa}_{4}^{c}$.

## The A-C transition



Do we know examples of such entropy driven phase transitions? Yes, the Kosterlitz-Thouless transition in the XY model. This Abelian 2d spin model has vortices with energy

$$
E=\kappa \ln (R / a)
$$

Saturating the partition function by single vortex configurations:
$Z \equiv \mathrm{e}^{-F / k_{B} T}=\sum_{\text {spin configurations }} \mathrm{e}^{-E[\text { spin }] / k_{B} T} \approx\left(\frac{R}{a}\right)^{2} \mathrm{e}^{-[\kappa \ln (R / a)] / k_{B} T}$.
$S=k_{B} \ln$ (number of configurations) has the same functional form as the vortex energy. Thus

$$
F=E-S T=\left(\kappa-2 k_{B} T\right) \ln (R / a)
$$

## No continuum limit?

## Examples

- Lattice compact $U(1)$ gauge theory in 3 dimensions has confinement for all values of the coupling constant, due to lattice monopoles. It describes perfectly the non-perturbative physics of the Georgi-Glashow model, i.e. the physics below the scale of Higgs and the W-particle. The formula for the string tension is the same expressed in terms of lattice monopoles masses and continuum monopole masses.
- Lattice compact $U(1)$ gauge theory in 4 dimensions at the phase transition point describes the low energy physics of certain broken $\mathcal{N}=1,2$ supersymmetric field theories. In fact, one can use the supersymmetric symmetry breaking technology of Seiberg et al. scale matching to "post-dict" (unfortunately) the lattice critical exponents.


## Lattice gravity: causal dynamical triangulations (CDT)

Basic tool: The path integral
Text-book example: non-relativistic particle in one dimension.


$$
\begin{aligned}
x(t) & =\langle x(t)\rangle+y(t) \\
\langle | y\rangle & \propto \sqrt{\hbar / m \omega}
\end{aligned}
$$

In QG we want $\langle x(t)\rangle$

$$
\langle | y\rangle \propto \sqrt{\hbar G}
$$

Transition amplitude as a weighted sum over all possible trajectories. On the plot: time is discretized in steps $a$, trajectories are piecewise linear.

In a continuum limit $a \rightarrow 0$

$$
G\left(\mathbf{x}_{\mathrm{i}}, \mathbf{x}_{\mathrm{f}}, t\right):=\int_{\text {trajectories: } \mathbf{x}_{\mathrm{i}} \rightarrow \mathbf{x}_{\mathrm{f}}} \mathrm{e}^{i S[\mathbf{x}(t)]}
$$

where $S[\mathbf{x}(t)]$ is a classical action.
The QG amplitude between the two geometric states

$$
G\left(\mathbf{g}_{\mathrm{i}}, \mathbf{g}_{\mathrm{f}}, t\right):=\int_{\text {geometries: } \mathbf{g}_{\mathrm{i}} \rightarrow \mathbf{g}_{\mathrm{f}}} \mathrm{e}^{i S\left[\mathbf{g}_{\mu \nu}\left(t^{\prime}\right)\right]}
$$

To define this path integral we need a geometric cut-off $a$ and a definition of the class of geometries entering.
showcasing piecewise linear geometries via building blocks:


2d



3d


4d


Piecewise linear geometry is defined without coordinates



CDT slicing in proper time. Topology of space preserved.

$$
a_{t}^{2}=-\alpha a_{s}^{2}, \quad i S_{L}[\alpha]=-S_{E}[-\alpha]
$$

$$
S_{E}[-\alpha]=-\left(\kappa_{0}+6 \Delta\right) N_{0}+\kappa_{4}\left(N_{4}^{(2,3)}+N_{4}^{(1,4)}\right)+\Delta\left(N_{4}^{(2,3)}+2 N_{4}^{(1,4)}\right)
$$

## The way this comes about:

$S_{E}(\Lambda, G)=-\frac{1}{16 \pi G a^{2}} \sum_{\sigma^{d-2} \in T_{d-2}}\left(2 \varepsilon_{\sigma^{d-2}} V_{\sigma^{d-2}}-2 \Lambda V\left(\sigma^{d-2}\right)\right)$,
Introducing dimensionless quantities:
$\mathcal{V}\left(\sigma^{d-2}\right)=a^{-d} V\left(\sigma^{d-2}\right), \quad \mathcal{V}_{\sigma^{d-2}} a^{2-d}, \quad \kappa=\frac{a^{d-2}}{16 \pi G}, \quad \lambda=\frac{2 \wedge a^{d}}{16 \pi G}$,
and the action becomes

$$
S_{E}(\lambda, \kappa ; T)=-\sum_{\sigma^{d-2} \in T_{d-2}}\left(\kappa 2 \varepsilon_{\sigma^{d-2}} \mathcal{V}_{\sigma^{d-2}}-\lambda \mathcal{V}\left(\sigma^{d-2}\right)\right)
$$

Using building blocks the action can be expressed in terms of the number of building blocks (and the number of subsimplices)

$$
\begin{aligned}
G\left(\mathbf{g}_{\mathrm{i}}, \mathbf{g}_{\mathrm{f}}, t\right) & :=\int_{\text {geometries: } \mathbf{g}_{\mathrm{i}} \rightarrow \mathbf{g}_{\mathrm{f}}} \mathrm{e}^{i S\left[\mathbf{g}_{\mu \nu}\left(t^{\prime}\right)\right]} \\
& =\lim _{a \rightarrow 0} \sum_{\sum_{T: T_{i}^{(3)} \rightarrow T_{f}} \frac{1}{C_{T}} \mathrm{e}^{i S_{T}}} .
\end{aligned}
$$

$$
G_{E}\left(\mathbf{g}_{\mathrm{i}}, \mathbf{g}_{\mathrm{f}}, t, \kappa_{0}, \kappa_{4}, \Delta\right)=\lim _{a \rightarrow 0} \sum_{T: T_{i}^{(3)} \rightarrow T_{t}^{(3)}} \frac{1}{C_{T}} \mathrm{e}^{-S_{E}[T]}
$$

$$
\left\langle x_{f}\right| \mathrm{e}^{i \hat{H t}}\left|x_{i}\right\rangle \rightarrow\left\langle x_{f}\right| \mathrm{e}^{-\hat{H} \tau}\left|x_{i}\right\rangle
$$

## Scaling in the IR limit?

$$
Z\left(\kappa_{0}, \kappa_{4}\right)=\sum_{N_{4}} \mathrm{e}^{-\kappa_{4} N_{4}} Z_{N_{4}}\left(\kappa_{0}\right)
$$

where $Z_{N_{4}}\left(\kappa_{0}\right)$ is the partition function for a fixed number $N_{4}$ of four-simplices (we ignore $\Delta$ for simplicity), namely,
$Z_{N_{4}}\left(\kappa_{0}\right)=\mathrm{e}^{k_{4}^{c} N_{4}} f\left(N_{4}, \kappa_{0}\right), \quad Z\left(\kappa_{0}, \kappa_{4}\right)=\sum_{N_{4}} \mathrm{e}^{-\left(\kappa_{4}-\kappa_{4}^{c}\right) N_{4}} f\left(N_{4}, \kappa_{0}\right)$
We want to consider the limit $N_{4} \rightarrow \infty$, and fine-tune $\kappa_{4} \rightarrow \kappa_{4}^{C}$ for fixed $\kappa_{0}$. We expect the physical cosmological constant $\Lambda$ to be defined by the approach to the critical point according to

$$
\kappa_{4}=\kappa_{4}^{c}+\frac{\Lambda}{16 \pi G} a^{4}, \quad\left(\kappa_{4}-\kappa_{4}^{c}\right) N_{4}=\frac{\Lambda}{16 \pi G} \quad V_{4}, \quad V_{4}=N_{4} a^{4}
$$

How can one imagine obtaining an interesting continuum behavior as a function of $\kappa_{0}$ ? Assume $f\left(N_{4}, \kappa_{0}\right)$ has the form (numerical evidence)

$$
\begin{gathered}
f\left(N_{4}, \kappa_{0}\right)=\mathrm{e}^{\kappa_{1}\left(\kappa_{0}\right) \sqrt{N_{4}}}, \quad\left\langle\mathrm{e}^{-\frac{1}{G} \int V_{V_{4}} \sqrt{g} R}\right\rangle=\mathrm{e}^{c \frac{\sqrt{V_{4}}}{G}} . \\
Z\left(\kappa_{4}, \kappa_{0}\right)=\sum_{N_{4}} \mathrm{e}^{-\left(\kappa_{4}-\kappa_{4}^{c}\right) N_{4}+\kappa_{1}\left(\kappa_{0}\right) \sqrt{N_{4}}} .
\end{gathered}
$$

Search for $\kappa_{0}^{c}$ with $k_{1}\left(\kappa_{0}^{c}\right)=0$, with the approach to this point governed by

$$
\begin{aligned}
& k_{1}\left(\kappa_{0}\right) \propto \frac{a^{2}}{G}, \quad \text { i.e. } \quad k_{1}\left(\kappa_{0}\right) \sqrt{N_{4}} \propto \frac{\sqrt{V_{4}}}{G} . \\
& Z\left(\kappa_{4}, \kappa_{0}\right) \approx \exp \left(\frac{k_{1}^{2}\left(\kappa_{0}\right)}{4\left(\kappa_{4}-\kappa_{4}^{C}\right)}\right)=\exp \left(\frac{c}{G \Lambda}\right),
\end{aligned}
$$

as one would naïvely expect from Einstein's equations, with the partition function being dominated by a typical instanton contribution, for a suitable constant $c$.

## UV scaling limit?

If we are close to the UV fixed point, we know that $G$ will not be constant when we change scale, but $\hat{G}(a)$ will. Writing $G(a)=a^{2} \hat{G}(a) \approx a^{2} \hat{G}^{*}$,

$$
\begin{gathered}
\kappa_{4}-\kappa_{4}^{c}=\frac{\Lambda}{G(a)} a^{4} \approx \frac{\Lambda}{\hat{G}^{*}} a^{2}, \\
k_{1}\left(\kappa_{0}^{c}\right)=\frac{a^{2}}{G(a)} \approx \frac{1}{\hat{G}^{*}} .
\end{gathered}
$$

The first of these relations now looks two-dimensional because of the anomalous scaling of $G(a)$ ! Nevertheless, the expectation value of the four-volume is still finite:

$$
\left\langle V_{4}\right\rangle=\left\langle N_{4}\right\rangle a^{4} \propto \frac{\kappa_{1}^{2}\left(\kappa_{0}^{c}\right)}{\left(\kappa_{4}-\kappa_{4}^{C}\right)^{2}} a^{4}
$$

## Relation to asymptotic freedom

Assume now that we have a fixed point for gravity. The gravitational coupling constant is dimensionful, and we can write for the bare coupling constant

$$
G(a)=a^{2} \hat{G}(a), \quad a \frac{d \hat{G}}{d a}=-\beta(\hat{G}), \quad \beta(\hat{G})=2 \hat{G}-c \hat{G}^{3}+\cdots .
$$

The putative non-Gaussian fixed point corresponds to $\hat{G} \rightarrow \hat{G}^{*}$, i.e. $G(a) \rightarrow \hat{G}^{*} a^{2}$. In our case it is tempting to identify our dimensionless constant $k_{1}$ with $1 / \hat{G}$, up to the constant of proportionality. Close to the UV fixed point we have

$$
\hat{G}(a)=\hat{G}^{*}-K a^{\tilde{c}}, \quad k_{1}=k_{1}^{*}+K a^{\tilde{c}}, \quad \tilde{c}=-\beta^{\prime}\left(\hat{G}^{*}\right) .
$$

Usually one relates the lattice spacing near the fixed point to the bare coupling constants with the help of some correlation length $\xi$.


Consider $V_{4}=N_{4} a^{4}$ as fixed. It requires the fine-tuning of coupling constants.

$$
k_{1}\left(N_{4}\right)=k_{1}^{c}-\tilde{K} N_{4}^{-\tilde{c} / 4} .
$$

How to determine $k_{1}\left(N_{4}\right)$ ?

## Phase diagram of CDT



Lifshitz-like diagram....
Phase C: constant magnetization (constant 4d geometry)
Phase B: zero magnetization (no 4d geometry)
Phase A: oscillating magnetization (conformal mode ?)

## Volume distribution in (imaginary) time



- Phase A. The universe "oscillating" in time direction. The oscillation maybe reflecting the dominance of the conformal mode.
- Phase B. Compactification into a 3d Euclidean DT. Only minimal extension in the time direction.
- Phase C. Extended de Sitter phase. $d_{H}=4$.
$S_{\text {Lifshitz }}[\phi]=\int d^{D} x\left(\mu_{i}\left(\partial_{i} \phi\right)^{2}+(\Delta \phi)^{2}+\cdots+\nu \phi^{2}+\phi^{4}+\cdots\right)$



## Snapshot of a typical configuration



A typical configuration. Distribution of a spatial volume $N_{3}(t)$ as a function of (imaginary) time $t$.

Quantum fluctuation around a semiclassical background?
Configuration consists of a "stalk" of the cut-off size and a "blob". Center of the blob can shift. We fix the "center of mass" to be at zero time.


$$
\left\langle N_{3}(i)\right\rangle \propto N_{4}^{3 / 4} \cos ^{3}\left(\frac{i}{s_{0} N_{4}^{1 / 4}}\right)
$$

## Minisuperspace model

The semiclassical distribution can be obtained from the minisuperspace effective action of Hartle and Hawking

$$
S_{e f f}=\frac{1}{24 \pi G} \int d t \sqrt{g_{t t}}\left(\frac{g^{t t} \dot{V}_{3}^{2}(t)}{V_{3}(t)}+k_{2} V_{3}^{1 / 3}(t)-\lambda V_{3}(t)\right)
$$

The discretization of this action is (and we have reconstructed it from the date (the 3-volume-3-volume correlations))

$$
S_{d i s c r}=k_{1} \sum_{i}\left(\frac{\left(N_{3}(i+1)-N_{3}(i)\right)^{2}}{N_{3}(i)}+\tilde{k}_{2} N_{3}^{1 / 3}(i)-\tilde{\lambda} N_{3}(i)\right),
$$

$$
G=\frac{a^{2}}{k_{1}} \frac{\sqrt{C_{4}} s_{0}^{2}}{3 \sqrt{6}}
$$

## Quantum fluctuations

The classical solution to the minisuperspace action is

$$
\sqrt{g_{t t}} V_{3}^{c l}(t)=V_{4} \frac{3}{4 B} \cos ^{3}\left(\frac{t}{B}\right)
$$

where $\tau=\sqrt{g_{t t}} t, V_{4}=8 \pi^{2} R^{4} / 3$ and $\sqrt{g_{t t}}=R / B$.
Writing $V_{3}(t)=V_{3}^{c l}(t)+x(t)$ we can expand the action around this solution

$$
S\left(V_{3}\right)=S\left(V_{3}^{c l}\right)+\frac{1}{18 \pi G} \frac{B}{V_{4}} \int \mathrm{~d} t x(t) \hat{H} x(t) .
$$

where the Hermitian operator $\hat{H}$ is:

$$
\hat{H}=-\frac{\mathrm{d}}{\mathrm{~d} t} \frac{1}{\cos ^{3}(t / B)} \frac{\mathrm{d}}{\mathrm{~d} t}-\frac{4}{B^{2} \cos ^{5}(t / B)},
$$

In the quadratic approximation the volume fluctuations are:

$$
C\left(t, t^{\prime}\right):=\left\langle x(t) x\left(t^{\prime}\right)\right\rangle \sim \hat{H}^{-1}\left(t, t^{\prime}\right) .
$$

$\hat{C}$ and $\hat{H}$ have the same eigenfunctions.
$C\left(t, t^{\prime}\right)$ can be measured as

$$
C\left(i, i^{\prime}\right)=\left\langle\left(N_{3}(i)-\left\langle N_{3}(i)\right\rangle\right)\left(N_{3}\left(i^{\prime}\right)-\left\langle N_{3}\left(i^{\prime}\right)\right\rangle\right)\right\rangle,
$$

and its eigenfunctions can be found and compared to the ones calculated from $\hat{H}$.


No parameters are put in! (expect $t_{i} / B=i / s_{0} N_{4}^{1 / 4}$ )
We conclude that the quadratic approximation to the minisuperspace action describes the measured quantum fluctuations well.

## Size of our Quantum universe

For a specific value of the bare coupling constants
( $\kappa_{0}=2.2, \Delta=0.6$ ) we have high-statistics measurements for $N_{4}$ ranging from 45.500 to 362.000 four-simplices.

Largest universe corresponds to approx. $10^{4}$ hyper-cubes.
We have $G=$ const. $a^{2} / k_{1}$ and we have measured $k_{1}$.

$$
G \approx 0.23 a^{2}, \quad \ell_{P} \approx 0.48 a, \quad \ell_{P} \equiv \sqrt{G} .
$$

From $V_{4}=8 \pi^{2} R^{4} / 3=C_{4} N_{4} a^{4}$, we obtain that

$$
R=3.1 a
$$

The linear size $\pi R$ of the quantum de Sitter universes studied here lies in the range of $12-21 \ell_{P}$ for the $N_{4}$ used.

## Trans-Planckian?

$\ell_{P}=\sqrt{G} \propto \frac{a}{\sqrt{k_{1}\left(k_{0}, \Delta\right)}}$ i.e. $\quad k_{1}\left(\kappa_{0}, \Delta\right) \rightarrow 0$. BUT IS IT POSSIBLE ?


## Summary and perspectives

- We have obtained the (Euclidean) minisuperspace action from first principles. (The self-organized de Sitter space)
- We have an effective field theory of (something we call) QG down to a few Planck scales.
- Investigate a possible UV fixed point (points, the B-C line). Possibly Hořava-Lifshitz gravity.
- couple matter to the system and investigate cosmological implications.
- Measure the wave function of the universe

$$
\langle x| \mathrm{e}^{-t \hat{H}}|y\rangle \rightarrow \Psi_{0}(y) \Psi_{0}(x) \mathrm{e}^{-t E_{0}}
$$

## Monte Carlo simulations of lattice gravity

$$
\begin{gathered}
Z=\sum_{-\phi} \mathrm{e}^{-S[\phi]}, \\
\langle\mathcal{O}(\phi)\rangle=Z^{-1^{2}} \sum_{\phi} \mathcal{O}(\phi) \mathrm{e}^{-S[\phi]} .
\end{gathered}
$$

The purpose of the Monte Carlo simulations is to generate a sequence of statistically independent field configurations $\phi(n)$, $n=1, \ldots, N$ with the probability distribution

$$
P(\phi(n))=Z^{-1} \mathrm{e}^{-S[\phi(n)]} .
$$

Then

$$
\langle\mathcal{O}(\phi)\rangle_{N}=\frac{1}{N} \sum_{n=1}^{N} \mathcal{O}(\phi(n)) .
$$

serves as an estimator of the expectation value and one has

$$
\langle\mathcal{O}(\phi)\rangle_{N} \rightarrow\langle\mathcal{O}(\phi)\rangle \text { for } N \rightarrow \infty .
$$

In a Monte Carlo simulation a change $\phi \rightarrow \phi^{\prime}$ of the field configuration is usually generated by a stochastic process $\mathcal{T}$, a Markow chain. The field will perform a random walk in the space of field configurations with a transition function, or transition probability, $\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)$. Thus, if we after a certain number $n$ of steps (changes of the field configuration) have arrived at a field configuration $\phi(n), \mathcal{T}(\phi(n) \rightarrow \phi(n+1))$ is the probability of changing $\phi(n)$ to $\phi(n+1)$ in the next step. We have

$$
\sum_{\phi^{\prime}} \mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)=1 \quad \text { for all } \phi
$$

The transition probability should be chosen such that
(i) Any field configuration $\phi$ can be reached in a finite number of steps ( ergodicity)
(ii) The probability distribution of field configurations converges, as the number of steps goes to infinity, to the Boltzmann distribution.
The convergence of the Markov chain is usually ensured by choosing $\mathcal{T}$ to satisfy the so-called rule of detailed balance

$$
P(\phi) \mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)=P\left(\phi^{\prime}\right) \mathcal{T}\left(\phi^{\prime} \rightarrow \phi\right)
$$

Thus $\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)=\mathcal{T}\left(\phi^{\prime} \rightarrow \phi\right)=0$ or

$$
\frac{\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)}{\mathcal{T}\left(\phi^{\prime} \rightarrow \phi\right)}=\frac{P\left(\phi^{\prime}\right)}{P(\phi)}
$$

Usually decomposes the transition probability $\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)$ into a selection probability $g\left(\phi \rightarrow \phi^{\prime}\right)$ and an acceptance ratio $A\left(\phi \rightarrow \phi^{\prime}\right)$. We then have:

$$
\frac{P\left(\phi^{\prime}\right)}{P(\phi)}=\frac{\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)}{\mathcal{T}\left(\phi^{\prime} \rightarrow \phi\right)}=\frac{g\left(\phi \rightarrow \phi^{\prime}\right) A\left(\phi \rightarrow \phi^{\prime}\right)}{g\left(\phi^{\prime} \rightarrow \phi\right) A\left(\phi^{\prime} \rightarrow \phi\right)}
$$

The selection probability $g\left(\phi \rightarrow \phi^{\prime}\right)$ is now designed to select the configurations $\phi, \phi^{\prime}$ where $\mathcal{T}\left(\phi \rightarrow \phi^{\prime}\right)$ is different from zero and assign a weight of our own choice to the transition $\phi \rightarrow \phi^{\prime}$. The acceptance ratio $A\left(\phi \rightarrow \phi^{\prime}\right)$ should then be chosen to ensure detailed balance. A general choice, used in many Monte Carlo simulations, is the so-called Metropolis algorithm:

$$
\begin{aligned}
& A\left(\phi \rightarrow \phi^{\prime}\right)=\min \left(1, \frac{g\left(\phi^{\prime} \rightarrow \phi\right)}{g\left(\phi \rightarrow \phi^{\prime}\right)} \frac{P\left(\phi^{\prime}\right)}{P(\phi)}\right) \\
& A\left(\phi^{\prime} \rightarrow \phi\right)=\min \left(1, \frac{g\left(\phi \rightarrow \phi^{\prime}\right)}{g\left(\phi^{\prime} \rightarrow \phi\right)} \frac{P(\phi)}{P\left(\phi^{\prime}\right)}\right)
\end{aligned}
$$

## DT and CDT implenetation of MC

Unlabeled versus labeled triangulations:

$$
Z=\sum_{T} \frac{1}{C(T)} \mathrm{e}^{-S(T)}=\sum_{T_{l}} \frac{1}{N_{0}\left(T_{l}\right)!} \mathrm{e}^{-S\left(T_{l}\right)}
$$

Two labeled triangulations will be identical if a mapping (a relabeling) $i \rightarrow \sigma(i)$ maps neighbors to neigbors.

In the computer we use labeled triangulations.
We fix topology. We need moves to get ergodically arround in the class of $d$-dimensions triangulations of a fixed topology. A minimal set of moves are the Pachner moves. (here for CDT in the case of three dimensions)




In 2d $\int \sqrt{g} R=2 \pi \chi$, i.e. a topological invariant for fixed topology. Thus $S[T]=\lambda N_{2}(T)=\lambda\left(2 N_{0}-\chi\right)$, and

$$
P(T)=\frac{1}{Z} \frac{1}{N_{0}(T)!} \mathrm{e}^{-2 \lambda N_{0}(T)} .
$$

The $(2,4)$ move: If the old vertices are labeled from 1 to $N_{0}$, we assign the label $N_{0}+1$ to the new vertex (and new links and new triangles are defined by pairs and triples of vertex labels, the triples also defining the correct orientation). Given the labeled triangulation $T_{N_{0}}$ we can in this way get to $N_{0}$ labeled triangulations $T_{N_{0}+1}$ by chosing different vertices and performing the ( 2,4 )-move. We define the selection probability $g\left(T_{N_{0}} \rightarrow T_{N_{0}+1}\right)$ to be the same for all triangulations $T_{N_{0}+1}$ which can be reached in this way and to be zero for all other labeled $T_{N_{0}+1}$ triangulations. Thus for the labeled triangulations which can be reached we have:

$$
g\left(T_{N_{0}} \rightarrow T_{N_{0}+1}\right)=\frac{1}{N_{0}},
$$

and we implement this in the computer program by choosing randomly with uniform probability a vertex in $T_{N_{0}}$.

The $(4,2)$ move: Given a labeled triangulation $T_{N_{0}+1}$ we perform the inverse move by the following procedure: we select the vertex labeled $N_{0}+1$. Let us assume it is of order 4. Then we delete it from the list, in this way creating a labeled triangulation $T_{N_{0}}$. If the vertex labeled $N_{0}+1$ is not of order 4 we do not perform the move. Thus, for the triangulations $T_{N_{0}+1}$ where the move can be performed we can only reach one triangulation $T_{N_{0}}$ and the selection probability $g\left(T_{N_{0}+1} \rightarrow T_{N_{0}}\right)$ defined by this procedure is one.

Finally we choose the acceptance ratios $A\left(T \rightarrow T^{\prime}\right)$ in accordance with the Metropolis algorithm

$$
\begin{aligned}
& A\left(T_{N_{0}} \rightarrow T_{N_{0}+1}\right)=\min \left(1, \frac{N_{0}}{N_{0}+1} \mathrm{e}^{-2 \lambda}\right) \\
& A\left(T_{N_{0}+1} \rightarrow T_{N_{0}}\right)=\min \left(1, \frac{N_{0}+1}{N_{0}} \mathrm{e}^{2 \lambda}\right)
\end{aligned}
$$

## Data structure: natural pointer oriented

Label the vertices of (a 2d) triangulation by $i, i=1, \ldots, n$. Denote the neighbors to vertex $i$ by $k(i, m), m=1, \ldots, o(i)$, ordered cyclicly in accordance with the orientation, and where $o(i)$ denotes the order of vertex $i$


